

# Paul Smith, 6<sup>th</sup> Dan

Tetsushinkan Aikido

### Colman Glynn, 6<sup>th</sup> Dan

Greenwich Aikido

# Saturday 11 May 2019 1.00pm - 4.30pm

#### THOMAS TALLIS SCHOOL

154 Kidbrooke Park Road, Blackheath, London SE3 9PX

Please bring proof of insurance and aikido weapons.

The course will include a focus on kihondachi, the five foundation kata of Kashima Shin Ryu.

Adult Student £30 £25 Senior f20

#### TETSUSHINKAN AIKIDO DOJO

GREENWICH AIKIDO DOJO

tetsushinkan.co.uk

greenwich-aikido.com