

traditional  
**Aikido**

**Colman Glynn**  
Shidoïn, 6<sup>th</sup> Dan  
*Greenwich Aikido*

**Despina Kyriacou**  
Shidoïn, 5<sup>th</sup> Dan  
*Whitechapel Aikido*

**SATURDAY 7<sup>th</sup> MARCH 2020**  
1.00pm - 4.30pm

*Please bring personal refreshments,  
proof of status and insurance, and aikido weapons*

**THOMAS TALLIS SCHOOL**  
154 Kidbrooke Park Road, London SE3 9PX  
*Short walk from Kidbrooke rail station  
(trains from London Victoria)*

**£30**  
BAF adult

**£25**  
BAF student

**£20**  
BAF senior

**£35**  
non-BAF

**GREENWICH AIKIDO**

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**WHITECHAPEL AIKIDO**

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